



Spring/Summer 2026

Week 1

23.02.26 – 17.02.26

Chicken Biryani

Contains:

Item	Allergens
Cooked Frozen Chicken - Perdigao	Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
Pea Protein Chunk	-
Basmati Rice	-
Diced Frozen Onion	-
Bay Leaves	-
Turmeric	-
Balti Curry Sauce	-
Coriander	-
Chicken Bouillon	-

Spanish Omelette

Contains: Egg

Item	Allergens
Eggs	Egg
Washed White Potatoes	-
Diced Frozen Onion	-

Ice sprinkle cake

Contains: Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya

Item	Allergens
Sponge mix	Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya
Icing Sugar	-
Sprinkles	May Contain Milk (Lactose), Soya

Beef Quesadilla Stack

Contains: Gluten (Wheat), Milk (Lactose)

Item	Allergens
Beef Mince	-
Pea Protein Mince	-
Beef Bouillon	-
Fajita Seasoning	-
Paprika	-
Onion Powder	-
Garlic Powder	-
10" Wraps	Gluten (Wheat)
Mild White Cheddar	Milk (Lactose)

Macaroni Cheese

Contains: Wheat (Gluten), Milk (Lactose), Mustard. May contain Soya

Item	Allergens
Macaroni pasta	Wheat (Gluten)
Plain Flour	Wheat (Gluten). May contain Soya
Milk (Semi Skimmed) x1 x4	Milk (lactose)
Margarine	Milk (Lactose) -
Vegetable Bouillon	-
Mild White Cheddar	Milk (Lactose)
Mustard	Mustard

American Style Buttermilk Pancakes with Berry Compote

Contains: Wheat (Gluten), Eggs, Milk

Item	Allergens
Buttermilk Pancakes	Wheat (Gluten), Eggs, Milk
Frozen Berry mix	-
Sugar	-

Roast Chicken & Stuffing

Chicken Contains: Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
 Stuffing contains: Wheat (Gluten). May contain Soya

Item	Allergens
Cooked Frozen Chicken - Perdigao	Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
Stuffing Mix	Wheat (Gluten). May Contain Soya

Quorn Roast

Contains: Egg, Milk (Lactose)

Item	Allergens
Quorn Roast	Egg, Milk (lactose)
Gravy - Bisto	-
Gravy - Middletons	-

Cornflake Crunchie

Contains: Barley. May contain Wheat (Gluten). Contains Sulphites if Coconut has been used.

Item	Allergens
Cornflakes x2 kg	Barley. May contain Wheat (Gluten)
Cocoa Powder	-
Desiccated coconut	Sulphites
Baking Block	-
Sugar	-
Golden Syrup	-

Pork Meatballs in a Tomato Sauce with Spaghetti

Contains: Wheat (Gluten), Soya. May Contain Celery, Milk, Eggs, Mustard, Sulphites

Item	Allergens
Pork Meatballs	Gluten, Soya. May Contain Celery, Milk, Eggs, Mustard, Sulphites
Chicken Bouillon	-
Tinned Tomatoes	-
Passata x1 X6	-
Diced Frozen Onions	-
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Spaghetti	Wheat (Gluten)

Cheese & Onion Slice

Contains: Wheat (Gluten), Milk (Lactose). May contain Soya

Item	Allergens
Puff Pastry Sheets	(Wheat) Gluten
Diced Frozen Onions	-
Mild White Cheddar	Milk (Lactose)
Semi-Skimmed Milk	Milk (Lactose)
Vegetable Bouillon	-
Plain Flour	Wheat (Gluten). May contain Soya
Margarine	Milk (Lactose)
	-

Apple Crumble & Custard

Contains: Wheat (Gluten), May contain Soya. May contain Milk (Lactose)

Item	Allergens
Solid Pack apples	-
Margarine	Milk (Lactose)
	-
Plain Flour	Wheat (Gluten), May contain Soya
Sugar	-
Cinnamon	-
Custard Powder	Contains Milk (Lactose) when made Made with Water

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	Lemon

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose). May contain Soya

Item	Allergens
Plain Flour	Wheat (Gluten). May contain Soya
Margarine	Milk (Lactose) -
Yeast (500g)	-
Sugar	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Sunflower Oil OR Rapeseed Oil	-
Mixed Herbs	-

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)



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Week 2

23.02.26 – 17.02.26

Toad in the hole (Pork Sausages)

Contains: Wheat (Gluten), Soya, Sulphites, Milk (Lactose), Egg

Item	Allergens
Pork Sausages x 1 Bag X 1 case	Wheat (Gluten), Soya, Sulphites
Yorkshire Pudding	Milk (Lactose), Wheat (Gluten), Egg
Gravy - Bisto Gravy - Middletons	- -

Vegetarian Toad in the hole (Vegan Sausages)

Contains: Wheat (Gluten), Soya, Milk (Lactose), Egg

Item	Allergens
Vegan Sausages x1 x 2 (case)	Wheat (Gluten), Soya
Yorkshire Pudding	Milk (Lactose), Wheat (Gluten), Egg
Gravy - Bisto Gravy - Middletons	- -

Chocolate Marble Cake

Contains: Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya

Item	Allergens
Sponge mix	Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya
Cocoa Powder	-

Cottage Pie

Contains: Mashed Potato may contain Milk (Lactose)

Item	Allergens
Beef Mince	-
Pea Protein – Mince	-
Fresh Carrots	-
Diced Frozen Onions	-
Peas	-
Beef Bouillon	-
Gravy - Bisto	-
Gravy - Middletons	-
Washed White Potatoes	-
Milk (Semi Skimmed) x1 x4	Milk (lactose)
Margarine	Milk (Lactose) -

Veggie Lasagne

Contains: Milk (Lactose), Wheat (Gluten). May contain Soya

Item	Allergens
Diced Frozen Peppers	-
Pea Protein Mince	-
Tinned Tomatoes	-
Diced Frozen Onions	-
Garlic Puree	-
Mixed Herbs	-
vegetable Bouillon	-
Tomato Puree	-
Plain Flour	Wheat (Gluten). May contain Soya
Milk (Semi Skimmed) x1 x4	Milk (lactose)
Mild White Cheddar	Milk (Lactose)
Margarine	Milk (Lactose) -
Lasagne Sheets	Wheat (Gluten)

Raspberry Shortbread

Contains: Wheat (Gluten). May contain Soya

Item	Allergens
Baking Block	-
Plain Flour	Wheat (Gluten). May contain Soya
Sugar	-
Frozen Raspberries	-

Sliced Gammon

Contains:

Item	Allergens
Gammon Joint	-

'Quornish' Pasties

Contains: Wheat (Gluten)

Item	Allergens
Puff Pastry Sheets	Wheat (Gluten)
Pea Protein – Mince	-
Fresh Swede	-
Diced Frozen Onions	-
Vegetable Bouillon	-
Washed White Potatoes	-
Black Pepper	-

Jelly

Contains:

Item	Allergens
Orange Jelly	-
Strawberry Jelly	-
Raspberry Jelly	-

Chicken Pasta Bake

Contains: Wheat (Gluten), Milk (Lactose). Chicken is manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.

Item	Allergens
Cooked Frozen Chicken - Perdigao	Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
Pea Protein Chunk	-
Chicken Bouillon	-
Tinned Tomatoes	-
Passata x1 X6	-
Diced Frozen Onions	-
Diced Frozen Peppers	
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Mild White Cheddar	Milk (Lactose)
Pasta	Wheat (Gluten)
Fusilli – Twists	Wheat (Gluten)
Penne	Wheat (Gluten)
Conchiglie – Shells	Wheat (Gluten)

Veggie Chilli

Contains: Sulphites

Item	Allergens
Pea Protein Mince	-
Vegetable Bouillon	-
Kidney Beans 800g 2.5kg	Sulphites Sulphites
Baked Beans	-
Diced Frozen Onions	-
Diced Frozen Peppers	-
Tinned Tomatoes	-
Chilli Powder	-
Garlic Puree	-
Smoked Paprika	-
Tomato Puree	-

Oat Cookies – makes approx. 96

Contains: Oats, Wheat (Gluten). May contain Soya. May contain Sulphites if desiccated coconut is used.

Item	Allergens
Plain Flour	Wheat (Gluten). May contain Soya
Baking Block	-
Sugar 5kg	-
Baking Powder	-
Golden Syrup	-
Oats	Wheat (Gluten)
Desiccated coconut	Sulphites

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	-

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose). May contain Soya

Item	Allergens
Plain Flour	Wheat (Gluten). May contain Soya
Margarine	Milk (Lactose) -
Yeast (500g)	-
Sugar	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Sunflower Oil OR Rapeseed Oil	-
Mixed Herbs	-

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)



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Week 3

23.02.26 – 17.02.26

Hot Dogs

Hotdog Contains: Soya, Celery. May contain Mustard
 Bun Contains: Wheat (Gluten), May Contain Sesame

Item	Allergens
Hotdogs	Soya, Celery. May contain Mustard
Hotdog rolls	Wheat (Gluten), May Contain Sesame

Spinach & Ricotta Ravioli in a Creamy Tomato Sauce

Contains: Milk (Lactose), Egg, Gluten (Wheat). May contain Soya

Item	Allergens
Vegetable Bouillon	-
Tinned Tomatoes	-
Passata x1	-
X6	-
Diced Frozen Onions	-
Diced Frozen Peppers	
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
UHT Double Cream	Milk (Lactose)
Tortellacci (Ravioli)	Milk (Lactose), Egg, Gluten (Wheat). May contain Soya

Flapjack

Contains: Wheat (Gluten)

Item	Allergens
Oats	Wheat (Gluten)
Golden Syrup	-
Baking Block	-
Light Brown Sugar	-
Sultanas	-

Beef Bolognese

Contains: Wheat (Gluten)

Item	Allergens
Beef Mince	(NOT HALAL)
Pea Protein - Mince	
Diced Frozen Peppers	-
Pea Protein Mince	-
Tinned Tomatoes	-
Passata x1 X6	- -
Diced Frozen Onions	-
Garlic Puree	-
Mixed Herbs	-
Beef Bouillon	-
Tomato Puree	-
Spaghetti	Wheat (Gluten)

Sweet Potato & Carrot Curry

Contains: Mustard, Milk (Lactose)

Item	Allergens
Fresh Carrots	
Washed White Potatoes	-
Sweet Potatoes - 2kg	-
Red Onions x 3 X5kg	- -
Curry powder	Mustard
Garlic Puree	-
Coriander	-
Vegetable Bouillon	-
UHT Double Cream	Milk (Lactose)
Basmati Rice	-

Waffles with Fruit Syrup

Contains: Eggs, Wheat (Gluten) Soya. May contain Milk (Lactose)

Item	Allergens
Waffles	Eggs, Wheat (Gluten), Soya. May contain Milk (Lactose)
Frozen Berry mix	-
Sugar	-

Roast Pork with Apple Sauce

Contains:

Item	Allergens
Pork Leg	-
Solid Pack apples	-

Quorn Roast

Contains: Egg, Milk (Lactose)

Item	Allergens
Quorn Roast	Egg, Milk (lactose)
Gravy - Bisto	-
Gravy - Middletons	-

Chocolate Mousse

Contains: Milk (Lactose). May contain Soya

Item	Allergens
Chocolate Mousse	Milk (Lactose). May contain Soya
UHT Double Cream	Milk (Lactose)

Chicken & Leek Puff Pie

Contains: Chicken is Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
Wheat (Gluten), Milk (Lactose). May contain Soya

Item	Allergens
Cooked Frozen Chicken - Perdigao	Manufactured where Wheat, Rye, Barley, Oats & Soy are also handled.
Pea Protein Chunk	-
Chicken Bouillon	-
Fresh Carrots	
Leeks x 400g x 2.4kg	- -
Plain Flour	Wheat (Gluten). May contain Soya
Margarine	Milk (Lactose) -
Milk (Semi Skimmed) x1 x4	Milk (lactose)
Puff Pastry Sheets	Wheat (Gluten)
UHT Double Cream	Milk (Lactose)

Tomato & Basil Pasta

Contains: Wheat (Gluten)

Item	Allergens
Vegetable Bouillon	-
Tinned Tomatoes	-
Passata x1 X6	- -
Diced Frozen Onions	-
Diced Frozen Peppers	-
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Basil x 400g	-
Fusilli Pasta – Twists	Wheat (Gluten)

Banana Cake

Contains: Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya

Item	Allergens
Sponge mix	Wheat (Gluten), Milk (Lactose), Eggs. May contain Soya
Bananas x 5	-

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	-

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose). May contain Soya

Item	Allergens
Plain Flour	Wheat (Gluten). May contain Soya
Margarine	Milk (Lactose) -
Yeast (500g)	-
Sugar	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Sunflower Oil OR Rapeseed Oil	-
Mixed Herbs	-

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)

White Bread

Contains: Wheat (Gluten). May contain Soya

Item	Allergens
Plain Flour	Wheat (Gluten). May contain Soya
Yeast (500g)	-
Salt	-
Sugar	-
Sunflower Oil OR Rapeseed Oil	-