



Autumn/Winter 2025/2026

Week 1

01.09.25 – 13.02.26

Chinese Chicken Curry

Contains: Mustard, Soya

Item	Allergens
Cornflour	-
Cooked Frozen Chicken - Perdigao	May contain Soya
Diced Frozen Onion	-
Garlic Puree	-
Soy Sauce	Soya
Frozen Peas	-
Curry Powder - Madras	Mustard
Turmeric	-
Ground Ginger	-
Sugar 5kg	-
Chicken Bouillon	-

Macaroni Cheese

Contains: Cereals containing Gluten, Milk (Lactose), Mustard, May contain Soya

Item	Allergens
Macaroni pasta	Wheat (Gluten)
Plain Flour 16kg	Wheat (Gluten), May contain Soya
Milk (Semi Skimmed) x1 x4	Milk (lactose)
Margarine	Milk (Lactose) -
Vegetable Bouillon	-
Mild White Cheddar Block 5kg	Milk (Lactose)
Mustard	Mustard

Lemon Drizzle Cake

Contains: Cereals (Gluten), Wheat (Gluten), Eggs, Sulphites, Milk, May contain Soya

Item	Allergens
Sponge mix	Cereals (Wheat), Milk (Lactose), Eggs, May contain Soya
Lemon juice	Sulphites
Sugar 5kg	-
Icing Sugar	-
Lemons	-

Pork Sausages with Onion Gravy

Contains: Wheat (Gluten), Soya, Sulphites

Item	Allergens
Pork Sausages x 1 Bag X 1 case	Wheat (Gluten), Soya, Sulphites
Diced Frozen Onions	-
Gravy Granules	-

Veggie Sausages (With Onion Gravy)

Contains: Wheat (Gluten), Soya

Item	Allergens
Veggie Sausages x1 x 2 (case)	Wheat (Gluten), Soya
Diced Frozen Onions	-
Gravy Granules	-

American Style Buttermilk Pancakes with Berry Compote

Contains: Cereals (Gluten), Eggs, Milk

Item	Allergens
Buttermilk Pancakes	Cereals (Gluten), Eggs, Milk
Frozen Berry mix	-
Sugar 5kg	-

Roast Chicken & Stuffing

Contains: Cereals (Gluten), May contain Soya

Item	Allergens
Cooked Frozen Chicken - Perdigao	May contain Soy
Stuffing Mix	Cereals (Gluten), May Contain Soya

Quorn Roast

Contains: Egg, Milk (Lactose)

Item	Allergens
Quorn Roast	Egg, Milk (lactose)

Strawberry Mousse

Contains: Milk (Lactose)

Item	Allergens
Strawberry Mousse	Milk (Lactose)
UHT Double Cream	Milk (Lactose)

Minced Beef & Onion Pie

Contains: Gluten

Item	Allergens
Beef Mince	(NOT HALAL)
Diced Frozen Onions	-
Frozen Peas	-
Carrot – Grated 5kg	-
Gravy Granules	-
Pea Protein - Mince	-
Beef Bouillon	-
Puff Pastry Sheets	Gluten

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose), May contain Soya

Item	Allergens
Plain Flour 16kg	Wheat (Gluten), May contain Soya
Margarine	Lactose -
Yeast	-
Sugar 5kg	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Vegetable Oil (KTC)	Soya
Sunflower Oil	-
Mixed Herbs	-

Apple Crumble & Custard

Contains: Milk (Lactose), Wheat (Gluten), May contain Soya

Item	Allergens
Solid Pack apples	-
Margarine	Lactose -
Plain Flour 16kg	Wheat (Gluten) – May contain Soya
Sugar 5kg	-
Cinnamon	-
Custard Powder	Contains Milk when made

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	-

Tomato & Mascarpone Pasta Bake

Contains: Wheat (Gluten), Milk (Lactose)

Item	Allergens
Vegetable Bouillon	-
Tinned Tomatoes	-
Passata	-
Diced Frozen Onions	-
Diced Frozen Peppers	-
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Full Fat Soft Cheese	Milk (Lactose)
Mild White Cheddar Block 5kg	Milk (Lactose)
Pasta	Wheat (Gluten)

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)



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Week 2

01.09.25 – 13.02.26

Hot Dogs

Contains: Soya, Celery, Wheat, may contain Milk, Mustard and Sesame

Item	Allergens
Hotdogs	Soya, Celery
Hotdog rolls	Wheat, May Contain Sesame

Veggie 'Hot Dogs'

Contains: Soya, Wheat, May contain Sesame

Item	Allergens
Veggie Sausages x1 X2 (case)	Wheat (Gluten), Soya
Hotdog rolls	Wheat, may contain Sesame

Cornflake Crunchie

Contains: Gluten, Sulphites

Item	Allergens
Cornflakes x2 kg	Gluten
Cocoa Powder	-
Desiccated coconut	Sulphites
Baking Block	-
Sugar 5kg	-
Golden Syrup	-

Beef Bolognese

Contains: Wheat (Gluten)

Item	Allergens
Beef Mince	(NOT HALAL)
Diced Frozen Peppers	-
Pea Protein Mince	-
Tinned Tomatoes	-
Diced Frozen Onions	-
Garlic Puree	-
Mixed Herbs	-
Beef Bouillon	-
Tomato Puree	-
Spaghetti	Gluten

Cheesy Loaded Jacket Potatoes

Contains: Milk (Lactose)

Item	Allergens
Baking Potatoes	-
Yoghurt	Milk (Lactose)
Mild White Cheddar Block 5kg	Milk (Lactose)
Red Onion	-
Spring Onion	-

Blueberry Sponge

Contains: Cereals (Gluten), Milk (Lactose), Eggs, May contain Soya

Item	Allergens
Sponge mix	Cereals (Gluten), Milk (Lactose), Eggs, May contain Soya
Frozen Blueberries	-
Icing Sugar	-

Roast Pork with Apple Sauce

Contains:

Item	Allergens
Pork Leg	-
Solid Pack apples	-

Cheese & Onion pinwheels

Contains: Wheat (Gluten), Milk (Lactose)

Item	Allergens
Puff Pastry Sheets	Gluten (Wheat)
Diced Frozen Onion	-
Mild White Cheddar Block 5kg	Milk (Lactose)
Parsley	-

Mandarin Jelly

Contains: **NOT VEGETARIAN/HALAL**

Item	Allergens
Orange Jelly	-
Mandarin segments x 1 x case	-

Turkey Smashburgers

Contains: Wheat (Gluten), Egg, May contain Sesame

Item	Allergens
Turkey Mince	-
Breadcrumbs	Gluten
Eggs	Egg
Parsley	-
Onion Powder	-
Garlic Powder	-
Mk4 Bun	Gluten, May contain Sesame

Potato, Cauliflower & Lentil Dahl

Contains: Gluten

Item	Allergens
Washed White Potatoes	-
Cauliflower	-
Red Lentils	Gluten
Diced Frozen Onions	-
Garlic Puree	-
Coriander	-
Ground Cumin	-
Tinned Tomatoes	-
Ground turmeric	-
Coconut Milk	-
Spinach	-

Ice sprinkle cake

Contains: Cereals (Gluten), Milk (Lactose), Eggs, May contain Soya

Item	Allergens
Sponge mix	Cereals (Gluten), Milk (Lactose), Eggs, May contain Soya
Icing Sugar	-
Sprinkles	-

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	-

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose), May contain soya

Item	Allergens
Plain Flour 16kg	Wheat (Gluten), May contain Soya
Margarine	Lactose
	-
Yeast	-
Sugar 5kg	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Vegetable Oil (KTC)	Soya
Sunflower Oil	-
Mixed Herbs	-

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)



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Week 3

01.09.25 – 13.02.26

Cheese & Pepperoni Pasta Bake

Contains: Milk (Lactose), Soya, Wheat

Item	Allergens
Pepperoni	Milk, Soya
Chicken Bouillon	-
Tinned Tomatoes	-
Passata	-
Diced Frozen Onions	-
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Mild White Cheddar	Lactose
Pasta	Gluten

Veggie (Dahl) Curry Puffs

Contains: Gluten

Item	Allergens
Washed White Potatoes	-
Cauliflower	-
Red Lentils	Gluten
Diced Frozen Onions	-
Garlic Puree	-
Coriander	-
Ground Cumin	-
Tinned Tomatoes	-
Ground turmeric	-
Coconut Milk	-
Spinach	-
Puff Pastry Sheets	Gluten

Oat Cookies – makes approx. 96

Contains: Oats, Wheat (Gluten), Sulphites, May contain Barley, Rye and Soya

Item	Allergens
Plain Flour 16kg	Wheat (Gluten) – May contain Soya
Baking Block	-
Sugar 5kg	-
Baking Powder	-
Golden Syrup	-
Oats	Oats, May contain Barley, Rye, Wheat
Desiccated coconut	Sulphites

Sweet & Sour Chicken

Contains: May contain Soya

Item	Allergens
Cooked Frozen Chicken - Perdigao	May contain Soya
Sweet & Sour Sauce	-
Stir fry vegetables	-
Long grain rice	-

Cheese & Tomato Pizza

Contains: Wheat (Gluten), Milk (Lactose), May contain Soya

Item	Allergens
Plain Flour 16kg	Wheat (Gluten), May contain Soya
Margarine	Lactose -
Yeast	-
Sugar 5kg	-
Mozzarella cheese	Milk (lactose)
Diced Frozen Onions	-
Diced Frozen Peppers	-
Vegetable Bouillon	-
Garlic Puree	-
Vegetable Oil (KTC)	soya
Sunflower Oil	-
Mixed Herbs	-

Fruit Turnovers

Contains: Wheat (Gluten)

Item	Allergens
Frozen Berry mix	-
Sugar 5kg	-
Cornflour	-
Puff Pastry Sheets	Gluten

Sliced Gammon

Contains:

Item	Allergens
Gammon Joint	-

Quorn Roast

Contains: Egg, Milk (Lactose)

Item	Allergens
Quorn Roast	Egg, Milk (lactose)

Chocolate & Coconut Squares

Contains: Wheat (Gluten), Sulphites, May contain Soya, Lactose

Item	Allergens
Plain Flour 16kg	Wheat (Gluten), May contain Soya
Baking powder	Gluten
Cocoa Powder	-
Desiccated coconut	Sulphites
Baking Block	-
Sugar 5kg	-
Icing Sugar	-

Meatball Melt

Contains: Wheat (Gluten), Soya, Sulphites. May Contain, Milk, Eggs, Mustard & Sesame

Item	Allergens
Pork Meatballs	Gluten, Soya, Sulphites. May Contain Celery, Milk, Eggs, Mustard
Chicken Bouillon	-
Tinned Tomatoes	-
Passata	-
Diced Frozen Onions	-
Tomato Puree	-
Garlic Puree	-
Mixed Herbs	-
Mk4 Bun	Gluten, May contain Sesame

Veggie Lasagne

Contains: Milk (Lactose), Wheat (Gluten), May contain Soya

Item	Allergens
Diced Frozen Peppers	-
Pea Protein Mince	-
Tinned Tomatoes	-
Diced Frozen Onions	-
Garlic Puree	-
Mixed Herbs	-
vegetable Bouillon	-
Tomato Puree	-
Plain Flour 16kg	Wheat (Gluten) – May contain Soya
Milk (Semi Skimmed) x1 x4	Milk (Lactose)
Mild White Cheddar Block 5kg	Milk (Lactose)
Margarine	Milk (Lactose) -
Lasagne Sheets	Wheat (Gluten)

Flapjack

Contains: Oats, May contain Barley, Rye, Wheat, Sulphites

Item	Allergens
Oats	Oats, May contain Barley, Rye, Wheat
Golden Syrup	-
Baking Block	-
Light Brown Sugar	-
Sultanas	May contain Sulphites

Breaded Fish

Contains: Cereals containing Gluten, Fish

Item	Allergens
Breaded Fish	Cereals containing Gluten, Fish
Lemon	-

Veggie Chilli

Contains: Sulphites, May contain Milk

Item	Allergens
Pea Protein Mince	-
Vegetable Bouillon	-
Kidney Beans 800g 2.5kg	Sulphites Sulphites
Baked Beans	-
Diced Frozen Onions	-
Diced Frozen Peppers	-
Tinned Tomatoes	-
Chilli Powder	-
Garlic Puree	-
Nachos	May contain Milk

Ice Cream

Contains: Milk (lactose)

Item	Allergens
Strawberry	Milk (Lactose)
Vanilla	Milk (Lactose)

White Bread

Contains: Wheat (Gluten) – May contain Soya

Item	Allergens
Plain Flour 16kg	Wheat (Gluten) – May contain Soya
Yeast	-
Salt	-
Sugar 5kg	-
Vegetable Oil (KTC)	soya
Sunflower Oil	-