

School PE Events and Competitions



Swallowfield Primary School are part of the Leighton and Linslade School Games and have the opportunity to participate in a range of different fun and competitive events. The School Games is a national initiative designed to support schools and young people to be physically active and engage in enjoyable sporting activities. Swallowfield Primary School are proud to hold the Platinum School Games Award. The activities operate at three distinct, integrated levels which provides opportunities for young people to participate in Intra- School (within school), Inter-School and County (within Bedfordshire)

The Leighton Linslade School Games events aim to:

- Inspire children and young people to have the confidence, competence and knowledge to reach their potential and to live a healthy and physically active life
- Promote health and well-being in individual young people, whole classes and the whole school community.
- Provide a meaningful and appropriate level of competition /event to allow all young people to take part and feel a sense of achievement.
- Encourage personal challenges to allow every young person to improve their performance.

In order to ensure that we support young people to develop a life-long healthy and active lifestyle, events have been designed to offer opportunities for a wide variety of young people. Five event types have been formulated:

- **PLAY** – These events are non-competitive, with participation and fun being the focus, targeting students who lack confidence but want to participate because they understand the benefits of physical activity.
- **LEARN** – These are events for young people who have not taken part in the School Games before and may not actively participate in sport and physical activity in or out of school.
- **DEVELOP** – These are events for students who like friendly competition, but don't solely focus on winning in the traditional sense. They may take part in School Sport, however do not participate in that sport outside of school. The emphasis will be on creating a positive and enjoyable experience.
- **COMPETE** - These events will target young people who are competitive, who may be involved in sports in school and in clubs. Participation in these events will see the winners from Inter School competitions progressing to County Finals and beyond.
- **LEAD** – These events are designed to provide opportunities for young people to develop and enhance their knowledge, understanding and application of leadership skills.

It is our intention to ensure that the children at Swallowfield are able to participate in as many different activities as is possible or appropriate to their age. Children will be invited to attend events based on the nature and level of the activity rather than sporting ability or prowess. We will endeavour to ensure that all children participate in either an inter-school or intra-school activity or event by the end of their key stage.