



Swallowfield PSHE Three I Statement

PSHE education helps children and young people to stay safe, healthy and prepared for life's challenges and opportunities.

Intent

(What we want to achieve)

Swallowfield Lower School's PSHE scheme of work aims to equip children with essential skills for life; It intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Lessons in this scheme have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as British Values, to promoting strong and positive views of self in Think Positive and Be Yourself. These units aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident members of their community. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing their knowledge of when and how they can ask for help.

This scheme of work follows the three core areas in PSHE of Health and Wellbeing, Relationships and Living in the Wider World.

Implementation

(How we are going to do it)

Our PSHE scheme of work is designed to be taught in thematic units, which consist of six lessons. The units are taught in a spiral curriculum that revisits each theme every two years. This enables children to recall and build upon previous learning, exploring the underlying principles of PHSE education regularly at a depth that is appropriate for the age and stage of the child.

Our PHSE units are delivered in a creative manner, using many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience.

Assessment for learning opportunities are built into each lesson which enable self-evaluation and reflective learning and allow teachers to evaluate and assess progress. Each lesson ends up with an opportunity to consolidate and reflect upon learning.

Impact

(Evaluation of success)

Swallowfield's PSHE scheme of work provides the school with an effective curriculum for wellbeing. Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. Our PSHE scheme of work supports the active development of a school culture that prioritises our Values based Education, physical and mental health and wellbeing, providing children with the skills to evaluate and understand their own wellbeing needs. They will practise self-care and contribute positively to the wellbeing of those around them.

Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. We believe that successful PSHE education also helps our disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.

Swallowfield Lower School's PSHE scheme of work is used as a whole-school approach to positively impact wellbeing, safeguarding and SMSC outcomes. This ensures that all children are able to develop the knowledge, skills and attributes the need to succeed at school and in the wider world.